

2021 YCADA CORE CHEER

Welcome to Core Cheer!

We are excited to see your teams perform Core Cheer routines this year! We made some amazing updates in 2020. Since a majority of regions were unable to participate, we will be repeating the Core Cheer material this season.

Included:

- ❖ 2 Routines Aimed at Each Age Division
 - Tiny Mites and Mighty Mites
 - Jr Pee Wees and Pee Wees
- ❖ New Music for Each Routine
- ❖ New Choreography – *we heard you and made the changes!*
 - Faster Transitions
 - Motions for those who are not included in the stunts
 - Stunts that will continue to advance your athletes

Every team in a division will perform the same routine - a 1 minute compulsory style routine that focuses on technique and athleticism, specifically: motions, jumps, group stunts and a pyramid. Teams are scored purely on technical execution.

YCADA provides *everything* for coaches in the Coaches Resource Center at www.YCADA.org/popwarner, including music, Coach's Cheat Sheet/411, an 8-count sheet of skills performed, and a video demonstrating the choreography.

YCADA Core Cheer was developed to help teams establish a strong foundation in skills and promote technical execution. Our mission is to prepare youth athletes for High School and College Cheerleading.

We look forward to seeing teams compete in YCADA Core Cheer this season!

Thank you,

Katey Choate
YCADA Senior Rule Director
YCADA Rules and Scoring Committee Member